



2019 VINS NATURE CAMP OVERNIGHT HEALTH AND EMERGENCY CARE FORM

Instructions:

- Please return completed forms **NO LATER** than two weeks prior to the start of camp
- One set of forms per camper should be submitted per calendar year
- Complete pages 1-5 in full. If your child/ward will be taking medication during the camp day, you must also complete pages 7-9

General Information

Camper's Name: _____

Entering Grade: _____ Gender: M F Age: _____ Birth date: _____

Camp Session(s) & Dates: _____

Camp Location: _____

Parent/Guardian Name: _____

Home Phone: _____ Work Phone: _____

Mobile Phone: _____ E-mail: _____

Address: _____

Mailing Address (if different than above): _____

Second Parent/Guardian Name: _____

Home Phone: _____ Work Phone: _____

Mobile Phone: _____ E-mail: _____

Address (if different than above): _____

NOTE: All program communications are electronic.

Best way to contact during camp hours: _____

Emergency Contacts

If we **cannot** reach the Parent(s)/Guardian(s) listed above, please provide emergency contacts:

Name	Phone	Relationship to camper
1. _____		
2. _____		

Pick-Up Authorization

Please list **ALL** adults (INCLUDING YOURSELF) authorized to pick up your child (**photo ID will be checked**). For the safety and security of your child, only those listed on this sheet will be authorized to pick up your child. **No exceptions will be made.**

1. _____	3. _____
2. _____	4. _____

Medical Information

Medical Concerns: Does your child suffer from any of the following? If so, please provide specific information including reaction, management, frequency, and any other necessary information.

<input type="checkbox"/> Allergies Food or Other	<input type="checkbox"/> Ear Infections	<input type="checkbox"/> Insect Stings
<input type="checkbox"/> ADD/ADHD	<input type="checkbox"/> Epilepsy/Seizures	<input type="checkbox"/> Mononucleosis
<input type="checkbox"/> Asthma	<input type="checkbox"/> Frequent Colds	<input type="checkbox"/> Psychiatric Treatment
<input type="checkbox"/> Bleeding Disorder	<input type="checkbox"/> Hayfever	<input type="checkbox"/> Reaction to Poison Ivy
<input type="checkbox"/> Cramps	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Other (describe below)
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Hypertension	

Comments: _____

NOTE: We cannot guarantee that your child will not be exposed to allergens during his/her time at VINS Nature Camp.

Medications: List all medications, including EpiPen, asthma inhaler, over-the-counter or non-prescription drugs, taken regularly. Please complete the Camper Medication Information, Permission, and Waiver on pages 9-11 of this document if your camper will take any of these medications while at camp.

*****If your child will be taking medication during camp hours, you must complete the Camper Medication Information, Permission, and Waiver*****

Permission to Dispense Over-the-Counter Medication: The VINS Nature Camp staff will not dispense any over-the-counter medication to camp participants unless they have been authorized to do so on this form. In the event that VINS Nature Camp staff does dispense over-the-counter medication to your child/ward, you will be notified immediately.

I, _____, the parent/guardian of _____ give permission to the staff of VINS Nature Camps to dispense to my minor child the following medication(s) while at Old Pepper Place Overnight Camp. (Check all that apply)

- | | |
|----------------------------------------------------------------|----------------------------------------------------------------------|
| <input type="checkbox"/> Acetaminophen (Tylenol) | <input type="checkbox"/> Hydrogen Peroxide (for wound sterilization) |
| <input type="checkbox"/> Benadryl (for allergic reactions) | <input type="checkbox"/> Ibuprofen (Advil) |
| <input type="checkbox"/> Calamine Lotion | <input type="checkbox"/> Throat lozenges (for sore throat) |
| <input type="checkbox"/> Children's Mylanta or Tums | |
| <input type="checkbox"/> Hydrocortizone cream (for itchy skin) | |

Diet: Our overnight camp program is able to accommodate a variety of dietary restrictions. Please tell us about any dietary restrictions your camper follows.

- My camper eats a regular, varied diet
- My camper is a vegetarian of this type:
- Semi-vegetarian (no pork or beef)
 - Ovo (no meats, fish or dairy. Eggs ok)
 - Vegan (no meats, fish, dairy or eggs)
 - Other (please specify) _____
- My camper is gluten free

Please share any additional information regarding your child's eating habits or any other dietary restrictions that will enable us to better serve him/her.

Protection: Please indicate if VINS Nature Camp staff are permitted to assist your camper with the application of:

Sunscreen: Yes No

Insect Repellent: Yes No

NOTE: It is the parent/guardian's responsibility to provide these items

Notification: Do you want to be notified for minor injuries (e.g. scrape, non-allergic bee sting, bloody nose, or sliver) that do not limit participation? **Yes No**

Authorization for Treatment

In case of medical emergency, I understand that every reasonable attempt will be made to contact me, my named emergency contact, or my family physician in that order. In the event that my named contacts or I cannot be reached, I hereby authorize the VINS Nature Camp Staff and medical personnel to take emergency measures as needed to safeguard my child/ward's health and wellbeing. I agree to pay for any charges for emergency medical treatment that are not covered by my personal health insurance. By signing this statement, I affirm that I am legally authorized to do so.

Name of Camper: _____

Signature of Parent/Guardian: _____ Date: _____

Print Name of Parent/Guardian: _____

Acknowledgement and Release

- I affirm that my child/ward's participation in VINS Nature Camp is voluntary and understand that participation in VINS Nature Camp activities including swimming, hiking, archery, camping, boating, and other activities involves inherent risks, known and unknown, which could result in injury, illness or death. I acknowledge that the activities and their associated risks are inherent to the VINS Nature Camp experience and without them the program would lose its essential character and value.

I also understand that, despite safety precautions VINS Nature Camp cannot guarantee that my child/ward will not be injured. I am willing to assume these risks.

- I, for myself and for my heirs, personal representatives, and assigns, and each of them, do hereby forever release and fully discharge the Vermont Institute of Natural Science, and its officers, agents, volunteers and employees, affiliates (including all 2019 VINS Nature Camp partners), representatives, successors, and assigns, from any and all actions, causes of action, claims, costs, damages, demands, fees, and/or liability of any kind, nature, or descriptions whatsoever, whether known or unknown, arising out of or in any way related, whether directly or indirectly, to participation in any VINS Nature Camp program, including, but not limited to any physical injury, psychological injury, or loss of life or personal property that may occur as a result of participating in this program.

- I understand and accept the terms of VINS Nature Camp’s Behavior Code and policies regarding behavior and discipline issues, outlined in the parent handbook, and believe that my child/ward can meet the expectations for safe and successful participation as detailed. Additionally, I understand that failure to abide by VINS Nature Camp Behavior Code may result in dismissal from the program with no refund.
- I grant permission for my camper to participate in field trips to properties not owned or managed by VINS but that are either open to the public or that VINS Nature Camp has received permission to visit.
- I grant VINS and its 2019 camp partners (if applicable) permission to use photographs of my child participating in camp-related activities for publication in promotional materials, including but not limited to brochures, flyers, newspaper advertisements, social media, and the VINS/program partner’s website.

Parent/Guardian Signature: _____ Date _____

Parent/Guardian Print Name: _____

Please return completed 2019 VINS Nature Camp Health and Emergency Care Form to:

camps@vinsweb.org Fax: 802.359.5001

VINS Nature Camp
 P.O. Box 1281
 149 Natures Way
 Quechee, VT 05059

Please return completed forms NO LATER than two weeks prior to the start of camp.



Complete the next section **ONLY** if your child will be taking medication **during camp** or if your child will have an asthma inhaler and/or EpiPen at camp with them.



2019 VINS Nature Camp Camper Medication Information, Permission and Waiver

Please fill out the items below regarding your camper's medication information and read and sign the Medication Policy Acknowledgement and Release. If you have any questions regarding this form or VINS Nature Camp's medication policy, contact 802-359-5000 x245.

The VINS Nature Camp staff may not assist with camper medication or carry any medication on their person for a camp participant **UNLESS** this form has been completed.

Camper Information:

Camper's Name: _____ Age: _____

Parent/Guardian Name(s): _____

Parent/Guardian Phone (Home): _____ (Mobile): _____

Medication Information: Include any prescription and over-the-counter medication that your minor child takes on a regular basis and will take while at VINS Nature Camp.

I. Medication: _____

Dose: _____ Time(s) dispensed: _____

Dispensing Instructions:

Possible Side Effects:

Complete Dosage Instructions:

Prescribing Doctor: _____ Prescribing Doctor Phone: _____

Prescribing Doctor Address: _____

2. Medication: _____

Dose: _____ Time(s) dispensed: _____

Dispensing Instructions:

Possible Side Effects:

Complete Dosage Instructions:

Prescribing Doctor: _____ Prescribing Doctor Phone: _____

Prescribing Doctor Address: _____

3. Medication: _____

Dose: _____ Time(s) dispensed: _____

Dispensing Instructions:

Possible Side Effects:

Complete Dosage Instructions:

Prescribing Doctor: _____ Prescribing Doctor Phone: _____

Prescribing Doctor Address: _____

*****Use additional sheets if necessary*****

Medication Policy Acknowledgement and Release

- In all cases, the term “medication” refers to a medicine has been prescribed by a licensed physician or that is taken by the camper on a regular basis and is needed to maintain the health and well-being of the child during the duration of the camp.
- In all cases, the term “administration” is equivalent to camp staff maintaining possession of the medication and/or placing it in a secure location until the time it is needed. Camp staff remind campers at the documented time and will give them the medication container. The camper must be able to identify the shape/color of their medication and be able to take it on their own.
- I give permission to the staff of the Vermont Institute of Natural Science Nature Camps to administer to my child/ward the following medication(s):

- I understand that it is my responsibility to give my camper’s medication directly to VINS Nature Camp staff. I understand that all medications must be in their original containers either in individual dosage containers (blister packs), or in original prescription bottles and must be labeled with the following information:

- | | | |
|------------------------------------------------|---------------------------------------------------------|-------------------------------------------------------|
| <input type="checkbox"/> Name of camper | <input type="checkbox"/> Dosage | <input type="checkbox"/> Prescribing Doctor |
| <input type="checkbox"/> Medication | <input type="checkbox"/> Time of day to be given | <input type="checkbox"/> Doctor’s phone number |

- I understand that measurement of medication dosage is not the responsibility of camp staff and my child must come to camp with the medication pre-measured for the correct dosage.
- I hereby acknowledge that the above information provided for the administration of medication for my child/ward is accurate. I also understand that it is my responsibility to inform VINS Nature Camp staff of any changes in the dispensing of medication.
- In all cases, any changes to medication or dosing need to be made by completing a new Camper Medication Information, Permission, and Waiver.
- My child/ward knows how to properly use their own Inhaler/EpiPen and has been instructed not to show or share it with other campers. _____(Initial)
- In all cases, the recommended dosage of any medication will not be exceeded. If after administering medication there is an adverse reaction, I give my permission to the Vermont Institute of Natural Science to secure from any licensed hospital physician and/or medical personnel any treatment deemed necessary for immediate care. I agree to be responsible for payment of all medical services rendered.
- I recognize and acknowledge there are certain risks of injury/illness in connection with my child/ward’s medication. In consideration of the Vermont Institute of Natural Science’s administering medication to my child/ward, I do hereby fully release or discharge the Vermont Institute of Natural Science, and its officers, agents, volunteers and employees from any and all claims from injuries, damages and losses I or my child/ward may have (or accrue to me or my child/ward), and arising out of, connected with, incidental to, or in any way associated with the administering of medication.

Parent/Guardian Signature: _____ Date: _____